

# Comfort Meals

## SAMPLE MENU

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### *Meal #1*

Mom's Meatloaf  
Roasted Garlic Mash Potatoes  
Sautéed Green Beans

### *Meal #2*

Grilled Salmon w/ Citrus Compound Butter  
Roasted Rosemary Potatoes  
Broccoli w/ Lemon Herb Butter

### *Meal #3*

BBQ Chicken  
Baked Sweet Potato  
Sautéed Vegetable Medley

### *Meal #4*

Mustard Crusted Pork Loin w/ Apple Chutney  
Rice Pilaf  
Roasted Asparagus

### *Meal #5*

Shrimp and Grits  
Julienne Vegetable Medley